

KETHEA EN DRASI

Therapeutic and Rehabilitation Program within the penitentiary system

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Director of the Therapeutic Community

in the Korydallos Remand Prison (male)

About KETHEA

(Therapeutic Centre for Dependent Individuals)

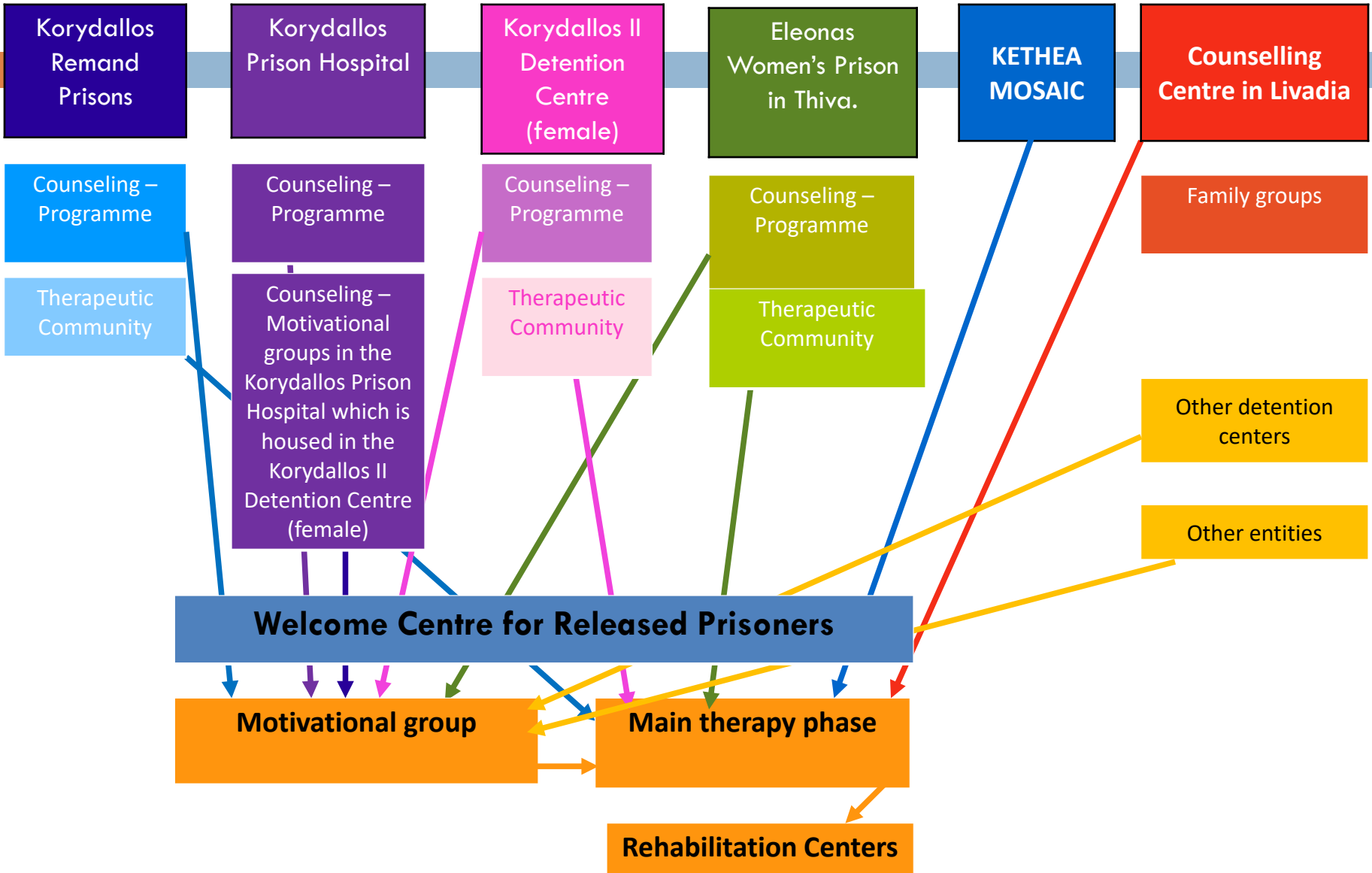
KETHEA:

- Is the largest rehabilitation and social reintegration network in Greece.
- It has been providing its services to drug addicts and their families since Ithaki, the first Greek therapeutic community, was set up in 1983.
- Its services are offered free of charge on the street and in prisons and rehabilitation units around Greece.
- It helps people suffering from other forms of addiction including alcohol, gambling and the Internet.
- Is a legal entity of private law.
- It operates under the auspices of the Hellenic Ministry of Health.

KETHEA EN DRASI

KETHEA EN DRASI:

- One of KETHEA's multiple therapeutic programmes.
- A comprehensive programme which seeks to deal with addiction within the criminal justice and prison system.
- Is based in Athens.
- Is a drug-free programme and free of charge.
- Is consisting of counselling, treatment and social reintegration for former inmates who are drug users.
- It provides family support, education, health care, legal support and training.



KETHEA EN DRASI

(Counselling Programmes)

KETHEA EN DRASI runs:

6 counselling programmes

1. Korydallos Remand Prison (male)
2. Korydallos II Detention Centre (female)
3. Korydallos Prison Hospital (male)
4. Eleonas Women's Prison in Thiva
5. Welcome Centre for Released Prisoners
6. Counselling Centre in Livadia

KETHEA EN DRASI

(Counselling Programmes)

Counselling Programme basic goals are:

- To diagnose and evaluate addicts' problems.
- To motivate addicts to tackle their health problems.
- To reduce addicts' involvement with substances.
- To inform, motivate and prepare addicts to join a treatment programme, either in prison or outside in society, making use of the legal provisions for "conditional release".

KETHEA EN DRASI

(Therapeutic Communities)

KETHEA EN DRASI runs:

4 therapeutic communities

1. Korydallos Remand Prison (male)
2. Korydallos II Detention Centre (female)
3. Eleonas Women's Prison in Thiva
4. Welcome Centre for Released Prisoners

Therapeutic Communities are housed in areas which the prisons have set aside for them and welcome prisoners who have completed a counselling programme.

KETHEA EN DRASI

(Therapeutic Communities)

Therapeutic Communities basic goals are:

- To help people achieve full recovery and to terminate illegal activities.
- To examine the causes and the triggers of the addiction.
- To gradually change negative behaviors and help participants acquire new strategies for dealing with problems.
- To provide education and training.
- To reconnect participants with their families in collaboration with KETHEA EN DRASI's units outside prisons.
- To refer participants to community-based rehabilitation programmes.
- To increase participants self-esteem and self- appreciation.
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Welcome Centre for Released Prisoners and Social Reintegration

Prisoners who have participated in a treatment programme while in prison are referred to the Reception Centre after their release.

They join the treatment phase which is best suited to their individual needs: preparation and mobilization for treatment, the main treatment phase (Therapeutic Community), or social reintegration.

Therapeutic Tools

- Self-help groups
- Encounter groups
- Relapse prevention groups
- Psychoeducation
- Family groups
- Life biography analysis
- Personal meeting
- Seminars
- Psychiatric diagnosis

KETHEA EN DRASI

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